



# BEAVER TALES

Canada District West  
Region 5

Winter  
2022-23



**2022-23**

## C.D.W. Board

### Governor

Pauline Blackwell

### Governor Elect

Pat McKinney

### Immediate Past

### Governor

Darrell Blackwell

### Past Governor Director

Joyce Evans

**Agincourt, Don Mills,  
Kawartha Lakes**

### Area Directors

Bruce Davey

**Halton, London Toronto  
Lung**

Marlyne Van Exan

**Barrie, Dundas, Midland,  
Oakville**

### District Secretary

Ceryl Taylor

### District Treasurer

Sue Gibson

### Judge Advocate

Bill Hiscott

People helping  
Clubs stay  
united!

## Governor's Message



Hello fellow Civitans,

My but it has been a struggle to get here! I'm writing this in hopes that we are finished with getting our trademark agreement sorted out by this time.

Thank you all for having faith in the District Board, despite being told we are not allowed to help you all, by International.

I appreciate all the good work you do in your individual communities. The feeling you get as you see the fruits of your labours will not be diminished by how we got here.

I recently attended our 2-district convention in Perth Ontario, hosted by several clubs in the area. It was an interesting convention, with a lot of business around the Trademark agreement and voting to go Option 3, clubs at large. I plan to attend Haltons Christmas dinner, purse project, and installation night this Dec.

Please send in your club officer info to Scarlet, and do your training by Jan. 1 (proposed new date), which is available on the international website (you can train by yourselves as well), to be a club in good standing (which gives you the ability to vote at the International convention). There is a Clubs at Large Newsletter now, these current rules and such are quoted on it.

The district will continue to work for you as always. Please don't hesitate to contact your Area Director or Pat, Darrell or myself if you have questions or concerns, or need some assistance.

**I hope you all have a safe and Happy holiday, whichever one you celebrate, and a Happy New Year!**

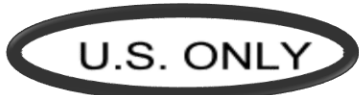
**I wish you all continued success in your service to your communities.**

Regards,

Pauline

Governor, 2022/23





## International President-Jo-Ann O’Toole

Jo Ann O’Toole was elected as the 2021-2022 International President-Elect at the 2021 International Convention in Jacksonville, Florida.  
 Phone: 301-606-0542  
 Email: joann.otoole@comcast.net



## International President-Elect: Kearney “Dee” Hutsler

Dee Hutsler was elected as the 2022-2023 International President-Elect at the 2022 Civitan International Convention in San Antonio, Texas.  
 Phone: 205-835-0052  
 Email: kdhlaw@hotmail.com



## International Immediate Past President: Dan Brown

Dan Brown was elected as the 2021-2022 International President at the 2021 International Convention in Jacksonville, Florida.  
 Phone: 505-228-1553  
 Email: civitandan@outlook.com



### INTERNATIONAL DIRECTORS & JUNIOR INTERNATIONAL PRESIDENT

**Region One Director 2021-2024**  
 Joel Hallman

**Region Six Director 2012-2025**  
 Patti Belote

**Region Two Director 2021-2024**  
 Bill Tolleson

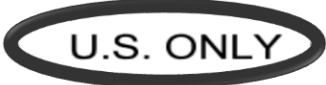
**Region Seven Director 2022-2025**  
 Grace Farmer

**Region Three 2021-2023**  
 John Sofley (Senior Director)

**Region Eight Director 2021-2024**  
 Lynda Wheeler

**Region Four Director - 2021-2023**  
 Denise Phelps

**Junior Civitan International President 2022-2023**  
 Arianna Womack



**Mission Statement**  
 The worldwide mission of Civitan International is to build good citizenship by providing a volunteer organization of clubs dedicated to serving individual and community needs, with an emphasis on helping people with developmental disabilities.

# CANADIAN CIVITAN REMINDERS

**"The best honour you can give to anyone is to show respect for their time."**

Why not honour someone in your club with either a Century Award or a Fellow

(A tax receipt will be given to the recipient)

Contact: AWARDS TRUSTEE (CIFOC)  
Darlene Lambert  
95 Spruce Street West  
Pembroke ON K8A 7S2  
(613) 735-6069  
Email: [civitandarlene@live.ca](mailto:civitandarlene@live.ca)



## Send Your New Member Info

name, address, phone number & email address to the District Treasurer and Communications so that District and Foundation lists are up to date and communications can keep you updated on District matters.

SUE GIBSON: [susan\\_gibson@rogers.com](mailto:susan_gibson@rogers.com)  
LYLE ARMSTRONG: [wekndr@rogers.com](mailto:wekndr@rogers.com)



# How Do You Deal With No Response To Your Emails

**No Response Is a Response.** It could mean a lot of different things like they are busy; they are thinking of a good answer; they don't know how to answer or they simple don't think you are worth bothering about. A lot of members have been having issues with Civitan International not responding to their emails. Always copy the President and President Elect.

International President: **Jo Ann O'Toole** joann.otoole@comcast.net  
International President Elect: **Kearney "Dee" Hutsler** kdhlaw@hotmail.com  
Civitan International: <https://civitan.org/>

NOT SEEING YOUR CLUB ARTICLE  
you may want to ask your President  
**WHY?**  
*Maybe the job needs to be assigned.*  
*We are all interested in each others activities.*  
FINGERS CROSSED  
Hopefully Next Time  
We Hear From Everyone

Civitan International may not recognize **Canada District West** but our clubs certainly need a **DISTRICT** to keep us united, support our Juniors, order cake, insurance and also keep us informed on events taking place in our region.

We here in Canada District West have managed to stay relatively consistent in our membership while Civitan International has lost so many members in the last (5) five years.

***Wonder why? What has happened in the last 5 years?***

Here in Canada District West, we must be doing something right for our membership to remain stable and some clubs have even managed to grow.

**LET'S KEEP UP THE GOOD WORK**

# Region 5 Convention September 23 & 24, 2022 Perth Civitan Hall

Civitan International Foundation of Canada



Region 5 Update



Recognizing the Governors of the Past Three Years



## Canadian District West Meeting



Silent Auction Prizes



## Awards

# CONGRATULATIONS

RUSSELL D'ABREU

MEMBER OF  
THE TORONTO LUNG TRANSPLANT CLUB.



This award is presented to the Club President who has contributed the greatest effort and leadership in the growth, development and successes in his or her Club and Civitan during his or her administrative year. While not a mandatory requirement, it is anticipated the recipient will have lead his or her Club to International Honour Club status. Nominees for this award are judged mainly on recommendations and information supplied by his or her Club, Area Director and Governor. Submissions must include accomplishments with reference to new projects started. The success of existing projects, increased membership, improvement in fellowship, interest and participation of the President and his or her members in District functions. Applications for this award

## Awards



**Gerry King** - This award is presented to the Club that renders the most outstanding service in any area of YOUTH WORK. The award will be judged based on either one major project or a series of projects benefiting YOUTH. Consideration will be given to the number of Club members involved, man hours spent and commitment to youth in the community. All projects submitted will be on display at the Modified Weekend Business Meeting to encourage "idea exchange" among Clubs. Supporting materials should be attached on pages no larger than 8 ½" x 11". List each project separately and be sure to include a graphic description, organization, how productive, benefits and member participation.

**Bud Gallop** - This award is presented to the Club, which has given the most outstanding service in any area of work with people with disabilities. This award is based on either one major project or a series of projects and will be judged on the Club's efforts in the area of working with people with disabilities. Consideration will be given to the number of Club members involved, man hours spent and benefits to the community. All projects submitted will be on display at the Modified Weekend Business Meeting to encourage "idea exchanges" among Clubs. Supporting materials should be attached on pages no larger than 8 ½" x 11". List each project separately and be sure to include a graphic description, organization, how productive, benefits and member participation.

**Jack Scott** - This award is presented to the Club that provides the most outstanding service to the community through either a series of projects or a single major project. Any category of service is acceptable. In judging this award, consideration will be given to the overall benefits to the community and the Club membership involved in the completion of the project(s). The number of Club members involved; man-hours spent in carrying out the project are important factors. All projects submitted will be on display at the Modified Weekend Business Meeting to encourage "idea exchanges" among Clubs. Supporting materials should be attached on pages no larger than 8 ½" x 11". List each project separately and be sure to include a graphic description, organization, how productive, benefits and member participation.

## CONGRATULATIONS!

MIDLAND CIVITAN CLUB WAS AWARDED ALL THREE BANNER PATCHES.

# THE HEEL AWARD



SATURDAY EVENING BANQUET



## HONOUR KEY PRESENTATION

CONGRATULATIONS!!

Marlyne Van Exan & Cathy Dunn

So well deserved!!

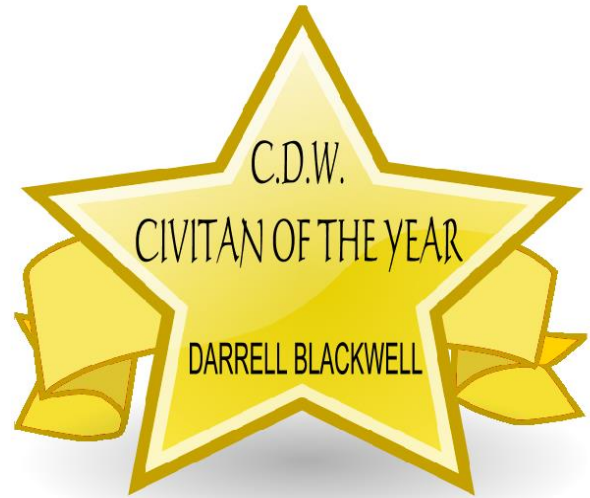




## CIVITAN OF THE YEAR AWARD



Immediate Past Governor Paul Scudds presented outgoing Governor of Canadian District West **DARRELL BLACKWELL** with the “**CIVITAN OF THE YEAR**” award.



## EXCITING NEWS

**NEXT REGION 5  
WILL BE HOSTED BY  
LONDON MIDDLESEX**



More news will follow in the up coming months.



2022-23 Canadian District West Board	
Governor	Pauline Blackwell
Governor-Elect	Pat McKinney
Immediate Past Governor	Darrell Blackwell
Secretary	Cheryl Taylor
Treasurer	Sue Gibson
Past Governor Director	Joyce Evans
Area Director	Bruce Davey
Area Director	Marlyne Van Exan
Judge Advocate	Bill Hiscott



**Governor** – Pauline Blackwell

**Governor Elect** – Pat McKinney



“Determined people working together can do anything.”

# SCAM ALERT!

## SUBSCRIPTION TRAPS

Good deals can bait you into falling for expensive traps!

A subscription trap can trick you by offering "free" or "low-cost" trials of products and services. Products commonly offered are weight loss pills, health foods, pharmaceuticals and anti-ageing products.

Once you provide your credit card information to cover shipping costs, you are unknowingly locked into a monthly subscription. Delivery and billing can then be difficult, if not almost impossible, to stop.

Scammers use websites, emails, social media platforms and phones to reel people in. Remember,

high-pressure sales tactics like a "limited time offer" are often used to rush you into making a decision.



### Tips to protect yourself:

- Trust your instincts. If it's too good to be true, don't sign up.
- Before you sign up for a free trial, research the company and read reviews, especially the negative ones. The Better Business Bureau is a great source of information.
- Don't sign up if you can't find or understand the terms and conditions. Pay special attention to pre-checked boxes, cancellation clauses, return policies, and any vague charges.
- If you go ahead with a free trial, keep all documents, receipts, emails, and text messages.
- Regularly check your credit card statements for frequent or unknown charges.
- If you have trouble cancelling your subscription, contact your credit card provider, your local consumer protection organization, or law enforcement agencies.



# SCAM ALERT

## PURCHASE OF MERCHANDISE SCAMS

Not all online vendors are reputable!

Online shopping is a favourite pastime for many consumers. But many deals you see online—from inexpensive designer purses to significantly discounted electronic goods—are too good to be true.

Fraudsters can create accounts on legitimate auction sites, such as eBay, or on an online marketplace,

like Kijiji or Craigslist. They will advertise their products at very low prices, enticing you to buy them.

At the end of the day, if you do get something, it might be of poor quality or a bad imitation of what you expected.

In other instances, fraudsters will lure you into clicking on sponsored links that will direct you to a seemingly genuine website. If you decide to buy from there, you won't benefit from any protection or services that legitimate websites offer.

If a site or offer stands out dramatically from the rest, there's likely something off.

BEWARE  
Of Purchasing On line  
Merchandise Scams



### Tips to protect yourself:

- Buy from companies or individuals you know by reputation or from past experience.
- Never make a deal outside the auction site.
- Beware of sellers from far away or that have limited or no reviews.
- Use a credit card when shopping online; many offer protection and may give you a refund.
- Be wary of websites that contain spelling mistakes and grammatical errors.
- Read the refund and return policies carefully, including the fine print.
- Ask the supplier questions and confirm service delivery timelines and the total cost.



# SCAM ALERT!

## IDENTITY THEFT

Help ensure your identity remains yours alone!

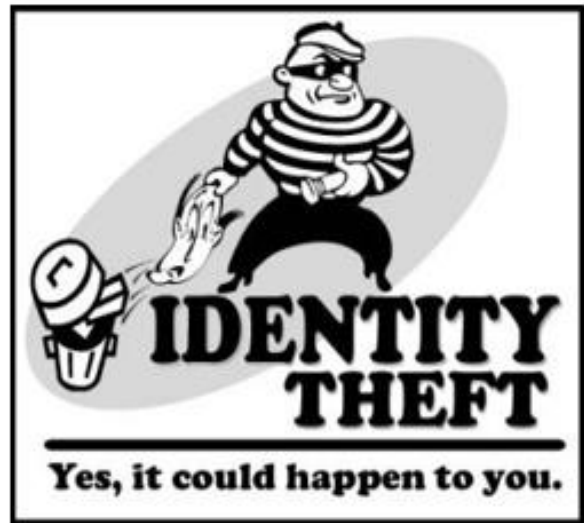
Scammers are always on the lookout to collect or reproduce your personal information to commit fraud. Thieves can make purchases using your accounts, obtain passports, receive government benefits, apply for loans, and more. This could turn your life upside down.

Fraudsters use techniques that range from unsophisticated to elaborate. Offline, they can go through trash bins or steal mail. Online, they can use spyware and viruses, as well as hacking and phishing.

They look for credit card information, bank account details, full name and signature, date of birth, social insurance number, full address, mother's maiden name,

online usernames and passwords, driver's licence number, and passport number.

Identity theft is a serious crime!



### Tips to protect yourself:

- Never provide your personal information over the phone, via text message, email or the internet.
- Avoid public computers or Wi-Fi hotspots, such as in coffee shops, to access or provide personal information; they put you at risk.
- Create strong and unique passwords for each of your online accounts. Password-protect your devices and home Wi-Fi network.
- Use a secure and reputable payment service when buying online—look for a URL starting with "https" and a closed padlock symbol.
- Avoid giving out personal information on social media. It can be used along with your pictures to commit fraud.
- Always shield your PIN when using your card. If you hand it over to a cashier, never lose sight of it.
- Shred and destroy documents with personal information.



# WATER FIRST -Water Internship

On September 23, 2022, community and family members, Water First staff and other supporters joined together to celebrate the next generation of Indigenous water treatment plant operators as they graduated from the Drinking Water Internship Program. This program, a partnership with Waabnoong Bemjiwang Association of First Nations, Gezhtoojig Employment & Training Anishinabek Nation and Water First, launched in June 2021 in the Georgian Bay area of Ontario.



Highlights from Graduation Day



CONGRATS GRADS

During the 15-month internship program, each intern accumulated 1,800 hours of on-the-job experience in water treatment plants, which is a part of the water operator in training (OIT) certification process. Interns also pursued additional water operator certification exams including water quality analyst and the entry-level course for drinking water operators, as well as environmental relevant training like GIS and water sampling which can lead to work in both drinking water treatment and the environmental water field. Following graduation, interns join the Water First Alumni Network to stay engaged, build local networks and access opportunities for ongoing professional development and peer support.

Each and every one of the 14 graduates displayed incredible dedication and skill throughout the course of their internship. After weeks of hands-on instruction in treatment plants, or in the environment learning monitoring and sampling techniques, there is no doubt that these impressive young adults will do great things for their communities. *Congratulations Graduates!*

CONGRATS, PROUD MOMENTS!



# Clubs at Large NEWSLETTER

Fall 2022



## NEW TOOLS FOR YOUR SERVICE

Need new ways to promote your club?

Check out Civitan International's Member Center and the "Recruiting" icon. You can now find there a customizable member brochure that mimics the general one used at world headquarters. It also has several Event Flyer Templates that you can customize for your members and events.

### New President Manual & Planning Calendar

The officer trainings on Civitan University on [www.civitan.org](http://www.civitan.org) has a NEW President manual and planning calendar that many leaders have told us is a "lifesaver" for their role. Check it out on [www.civitan.org](http://www.civitan.org).

## SUPPLY HOUSE SHUTDOWN AND BLACK FRIDAY WEEKEND SALE

The Civitan International Supply House will have a temporary shutdown to get ready for its first ever Black Friday Weekend Super Sale! The Supply House is closed and will reopen Wednesday, November 23rd with daring deals for members. Watch Civitan International's Facebook page and your email for more details as the sale dates come closer!



## Clubs in Good Standing Policy Addition

At the recent Civitan International Board of Directors meeting, verbiage was added to a policy that affects all clubs, including at large ones. It requires each club to report their officers in order to be certified.

While this has always been the case, it was pertinent to put that clause in writing for all members to understand. Other requirements of clubs in good standing include financial obligations fulfilled, club officer training completed, and the existence of some sort of governance document. Remember, this policy leads to certification to vote in Civitan International Elections.

## Club Officer Training

For Civitan International's "at large" clubs in areas of the world like Canada, Europe, Asia and Africa, club officer training is required for certification but it also considered "on your own." Members in these clubs are certainly allowed to participate in the trainings on Civitan University, located at [www.civitan.org](http://www.civitan.org). Once there, click on Resources, then Member Center and then Leadership.



These trainings are in English, but closed captioning can be enabled for better understanding. It's also a great way for the training to be tracked so there are no questions in the spring about whether or not your club officers are trained!

In addition, for Canadian clubs, last year's specific Canadian treasurer training has been posted on the Civitan International Vimeo channel for free for use by these officers.

Currently, no deadline has been set for training to be completed in the "at large" clubs. A current proposal that will be before the board suggests January 1, 2023. Updates to come on its pending approval.



## Updates Needed!

Per the policy that guides Civitan International "At Large" Clubs, rosters are due to Civitan International twice a year - once in September and once in March. Please send your updates to [scarlet@civitan.org](mailto:scarlet@civitan.org).

REMEMBER: No "add forms" or "delete forms" are needed - just the roster. At this time, Civitan International does not ask "at large" clubs to remit payment for initiation fees.

## Update

### Working with Autistic People During Emergency Situations – Sensory Kits

Hi all,

This project was in the Summer Edition of the Beaver Tales but after the London Middlesex Club got involved in providing 10 kits for the local police, I wanted to share some tips and further info with everyone. Hope the following helps any of you interested in this project

- 1) Definitely American info for \$300, not sure how they did it but, no way can you do that here for that money.
- 2) You cannot order online dollars store, it's all US, and they will not ship to Canadian individuals, only the Dollar Stores.
- 3) Dollar Stores here will not order you stuff.
- 4) We got our noise canceling headphone \$14.50 and dark safety glasses \$7.95 from home hardware at a deal, not cheap, but their cost. Try yours, barring that Darrell or I could get you some at the same (unless price has gone up) price.
- 5) We looked on the Autism society website at their kits and did a bit of research.
- 6) We felt after talking to teachers and support workers, fidget spinners were a problem in class, snacks were a problem for choking/allergy/expiry dates, play dough was a choking hazard, and do go off/ bad. We eliminated those items.
- 7) Amazon was not cheaper than the dollars store
- 8) Due to supply chain issues, you might have to do several shopping trips to several stores.
- 9) Have a shopping committee, have a pack party, we did it one night after the meeting, it got done quite quickly. (bring several pairs of scissors)
- 10) Remove all tags, packaging (not word cards- leave in card box) for easy access by end user and for no negative sensory extra bits. (like a tag on a stuffy)
- 11) We set a budget of \$500- spent \$530, made 10 full kits, 5 more backups missing flash cards. We have about 3 more kits in partial stages as well.

#### Our kits/ Shopping list:

- \* Mini backpack- dollar tree \$1.50
- \* Simple Word flash cards- dollar tree \$1.50, alternate source Walmart \$3.98
- \* White board with pen (check size for fit in backpack)- dollar tree 1.50, alternate source Walmart \$2.98
- \* Stuffy- Dollar Tree \$1.50
- \* Noise reducing headphones- home hardware- \$14.50
- \* Light reducing dark safety glasses- home hardware- \$7.95 these could be cheaper elsewhere but we wanted ones that were harder to break.
- \* Stress ball- Dollar Tree- 2pkg. for \$1.50

#### Average price per kit \$33

Pauline,  
Gov. 2022/23







## The Claxton Fruitcake: A Delicious Tradition

Claxton fruitcakes are popular among Christmas consumers because they are a part of their Christmas traditions. Fruitcake is a favorite among the many people who enjoy it on a regular basis, whether it is for a special occasion or simply to be enjoyed. **Claxton fruitcake** is expected to last for a long time, regardless of which method you choose. Our fruitcake can last up to a year on the countertop, four months in the fridge, and six months in the freezer. Claxton fruitcake will be available for purchase right away.

## What Is The Difference Between Dark And Regular Claxton Fruit Cake?

Despite the fact that the traditional fruit **cake recipe** is more popular than the dark variety, the dark varieties are also high quality. Their distinct, darker color can be attributed to the molasses, spices, and sun-ripened raisins found in them.

Claxton Fruit Cake, Light and Dark, is a fruitcake from Claxton, Georgia. The loaf shape of this cake distinguishes it from previous cakes because they were all round. Claxton's fruitcake is sure to please those who prefer fruit and nuts to chocolate.



*Choose to be more conscious, putting to rest words and phrases that are outmoded, insensitive, or harmful.*



There are many troubling phrases in our language that we use without considering their full meaning simply because they have been accepted into common use. Even as our ideals progress, our language maintains some phrases from our past that no longer serve us, for example boys don't cry, boys will be boys, good child, problem child, illegitimate child, and many more. While these phrases may be used without harmful intent, they are inherently negative. Children can be especially sensitive to such phrases, which may stay with them their whole lives, adversely affecting their self-image and wounding their self-esteem. We can create positive change by choosing not to use these words and phrases.

It is challenging to examine our habits in terms of the words we use to express ourselves, but it is also exciting. Language is an area where we can exercise our free will, creating positive change in the world around us by carefully choosing the words we use. It may seem like a small thing, but our words have a rippling effect, like a stone thrown in a pond. People naturally pick up on the way other people speak, consciously or unconsciously changing the way they speak in response. We don't need to actively try to influence people; it happens without even thinking about it. All we have to do is choose to be more conscious, putting to rest words and phrases that are outmoded, insensitive, or harmful. We can also exercise our creativity by creating new phrases that carry positive and loving energy to replace the old ones.

You may already have some ideas about phrases you'd like to transition out of your language, and now that you're thinking about it, you may come across many more. As you consciously decide not to use these phrases, you may feel lighter and more joyful, knowing that you have chosen to drop baggage that was handed down to you from a less conscious time. As you do so, you elevate the language for future generations who would no doubt thank you if they could.



# Canadian District West Junior Civitan Tracy Beck, Chairperson

Our clubs are small but remain active! We recently hosted our first district event of the year in Dundas, which included an escape room, meeting, pizza lunch and super fun community Trunk or Treat.

Here's what else we've been up to since our year began...



# Happy Halloween

Continued Here's what else we've been up to since our year began...

### September

Burlington Junior Civitans were out at the Down Syndrome Association Walk, acting as route ambassadors, while Dundas was there, running a craft table. Halton began their year with a clean up at the Iroquois Ridge Community Centre.

### October

Burlington again hosted their frightful Halloween party for families of Wesley Urban Ministries after school program. There, they distributed costumes collected through Burlington and Dundas. Dundas also had fun cheering on the Alley Cats, our Special Olympics bowling league. Halton conducted a food drive to benefit Kerr Street Mission.

### November

Dundas made meals at Mark Preece Family House (crockpot mac and cheese, as well as chili, salad and brownies). The Halton Junior Civitan members participated in Postcards for Peace, a Remembrance Day project.



Burlington



Halton



Dundas

### Our Mission

Junior Civitan International is a service club that trains young people to become "Builders of Good Citizenship" in the home, school and nation. Its purpose is to develop initiative and leadership in order to encourage youth to live er life enriched by unselfish service to others and with a commitment to make the world a better place.



Christmas Joy to You!

May you find all the joy and happiness your heart can hold this Christmas season!  
Happy Holidays!

## CANDY CANE SNOWMEN

### Ingredients:

30 Big Kraft Jet-Puffed Marshmallows  
10 Candy Canes  
10 Hershey Kisses (unwrapped)  
Pull and Peel Twizzlers (10 strands)  
30 red mini M&Ms  
10 Reese's Pieces Minis  
White Icing (to act as glue)  
Black Gel Icing  
Clean Screwdriver (believe me, it works!)



### Instructions:

1. Break the top part off the candy canes so that you are left with a straight stick. Take 3 Kraft marshmallows and stick the candy cane through each to stack them on top of each other to make the snowman body. To prevent the candy cane from squishing the marshmallows, heat up a phillips screwdriver under hot water and poke a hole through each marshmallow first. Watch the tutorial to see why this works!
2. Take one long rope of the Twizzlers and wrap between the middle and top marshmallow to create a scarf.
3. Dab just a bit of icing on a Hershey Kiss and put on the top of the top marshmallow as a hat.
4. Dab a tiny bit of icing on three red mini M&Ms and put them on the front of the marshmallows like buttons.
5. Cut one Reese's Pieces Mini (orange) in half and with a dab of icing attach it to the top marshmallow as a nose.
6. Dab two eyes with the black gel icing.
7. You are done! If you are super creative, use pretzel sticks as arms but I don't think it needs it.

**Makes: 10 Snowmen**

## Christmas Mice Candy

**PREP TIME**15 minutes **ADDITIONAL TIME**15 minutes **TOTAL TIME**30 minutes

### Ingredients

- 15 Hershey kisses
- 15 Red Hots candies
- 15 Maraschino cherries (WITH stems)
- ½ cup Chocolate chips
- 30 Peanut halves
- Small tube of black icing



### Instructions

1. Line a baking sheet with wax paper and set aside.
2. Place the cherries on a paper towel-lined plate and pat them dry to get as much moisture off of them as possible.
3. Melt the chocolate chips according to package directions.
4. Holding the stem of a cherry, dip it into the melted chocolate. Place the chocolate coated cherry on its side on the prepared baking sheet.
5. Press a Hershey's Kiss into the opposite side of the cherry from the stem.
6. Add two peanut halves in the top between the cherry and Hershey's Kiss for the mouse's ears.
7. Add a dab of melted chocolate on the back of a red hot and place it on the end of the Hershey's Kiss for the mouse's nose.
8. Use the black icing to dot two eyes on the Hershey's Kiss to complete the mouse. Repeat this process with the remaining ingredients.



## christmas Shortbread Cookie Bites



Only 4 Ingredients!

1 CUP BUTTER, CUBED

3/4 CUP SUGAR

1 1/2 TSP VANILLA

2 1/4 CUPS FLOUR

SPRINKLES OF YOUR CHOICE

**Makes about 80 bites**

- 1 cup butter, cubed
- 3/4 cup sugar
- 1 1/2 tsp vanilla
- 2 1/4 cups flour
- sprinkles of your choice -optional

### INSTRUCTIONS

- Preheat oven to 350F.
- Beat butter and sugar together.
- Mix in vanilla.
- Add flour and beat well. Dough will have a sandy texture.
- Add sprinkles and beat again.
- Work dough with hands until it forms a ball.
- Press dough into a 9x13 pan that has been lined with parchment paper.
- Chill for 1 hour.
- Grabbing the parchment paper, remove the dough from the pan and cut it into bitesize squares.
- Place squares 1 inch apart on a greased cookie sheet. Bake for 9-11 minutes or until bottoms begin to brown.
- You will have to make a couple batches.
- **ENJOY!**

## Crockpot Christmas Crack

### Ingredients

- 1 – 16 oz jar(s) unsalted peanuts
- 1 – 16 oz. jar(s) salted peanuts
- 1 – 12 oz bag(s) semi-sweet chocolate chips
- 1 – 12 oz bag(s) milk chocolate chips
- 2 – 10 oz bag(s) peanut butter chips
- 2 – 1 lb pkg white almond bark or vanilla candy coating

### How to Make It

1 Layer all ingredients in a large crockpot (starting with peanuts). Turn the pot on low, cover with lid, and leave sitting for 2 hours. Then, remove lid and stir to combine. Replace lid and leave sitting for another 30 minutes. Stir again and then spoon mixture on to wax paper or non-stick aluminum foil. Allow to harden for at least 1 hour. Enjoy!



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May the spirit  
of the Christmas  
fill your home  
with peace,  
joy and love.

Canadian District West Board and Chairs  
wish you all  
Merry Christmas & Happy New Year



Whatever is Beautiful  
Whatever is Meaningful  
Whatever brings you Happiness  
May it be yours this  
Christmas Season

Civitan International Foundation of Canada Trustees  
wish you all  
Merry Christmas & Happy New Year



## Agincourt Civitan Club - #1870 Mark Latremouille

Gliders Skating restarted after 2 years with 17 confirmed skaters returning. The Gliders Christmas party will be on Sunday Dec 18<sup>th</sup> with a surprise visit by Santa.



Cake sales are going very well. And even though we had ordered more cake than last year, we may sell out before month's end.

Club will be holding it's annual Christmas party, combined with installation of new officers, on Dec 14.

Civitans Paul Scudds, Anna Cavicchia and Jacqui Tucker attended the Region 5 Convention on September 23<sup>rd</sup> -24<sup>th</sup>, 2022.





## Dundas Civitan Club - #3212-

Our Alleycats bowlers were delighted to return to the lanes this fall, after a two-year hiatus. Our thanks go to all Civitans- senior and junior- who have been supporting and coaching the athletes. We especially thank Kelsey and Pam George and Pam Jurilj, the main organizers, for guiding the league.

November 5 was a big day for our club. We held our first annual "Closet Clean-out" fund raising event. This entailed collecting donated used clothing and other textiles, and submitting the accumulated material to a re-cycling company. The amount of payment was based on weight. We collected over 2,700 pounds of textiles, and received \$547. We promoted the event in a variety of ways, including use of social media, flyers, and free advertising in local publications.

We will hold our next drive on April 1 of 2023. Watch for more news about this event.



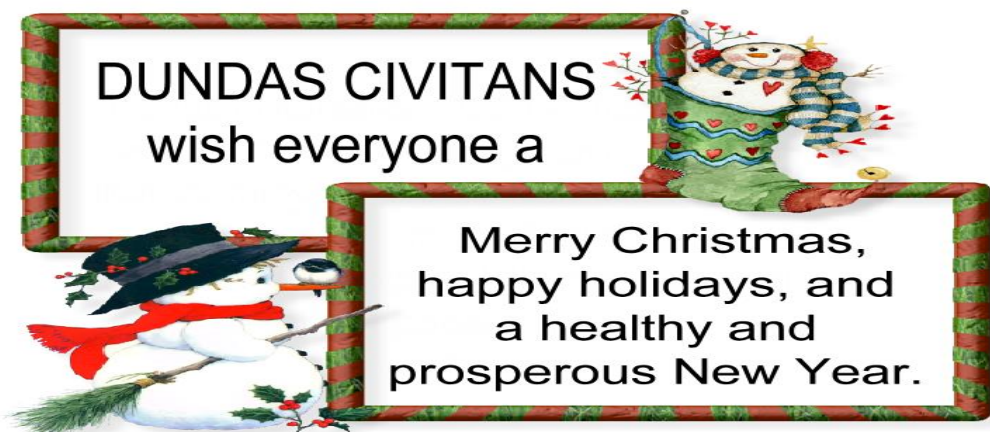
**Dundas Civitans help out at "Closet Clean-out" fund raiser.**

Melanie Walter, a staff member of the Learning Center, recently spoke to our club members about how to more effectively use technology, including social media, in getting our message out to the community.

On November 11, Civitan Bruce Davey, and Aaron Matthews, attended the Dundas Remembrance Day ceremony on behalf of our club and the Learning Center, and placed a wreath at the cenotaph.

We are making ongoing donations to the Salvation Army Food Bank.

On December 9, Club '95 will hold a dance to celebrate the season. Our thanks go to Civitan Barb Ruaux and Learning Center volunteer Jean Griffin for organizing this event.



HAPPY  
HOLIDAYS



# Halton Civitan Club - #3526-Marlyne Van Exan

**First**, our group decorated greeting cards and wrote messages of encouragement for the Purse Project. These cards will be placed in purses that are distributed to women in need. This makes the gift more personalized. We had so much fun making them.



**Secondly**, we filled 10 purses with specific items for the Purse Project, and 40 other purses that will be distributed to the Halton Women's Shelter. The purses contain personal products such as toothpaste, tooth brushes, shampoo, conditioner, hand cream, makeup, socks, hand knitted hats and mittens, and much more. The Halton Civitan Club would like to give a heartfelt thanks to our fellow Civitan clubs who donated gently used purses. Your donations made these projects possible.

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**Thirdly**, our club filled 70 giftbags that will be given to individuals at CWSDS during Christmas. The bags contain handmade hats and mittens along with personal items and other gifts. We know how much CWSDS has enjoyed our giftbags in the past and we can't wait for them to be handed out this year.



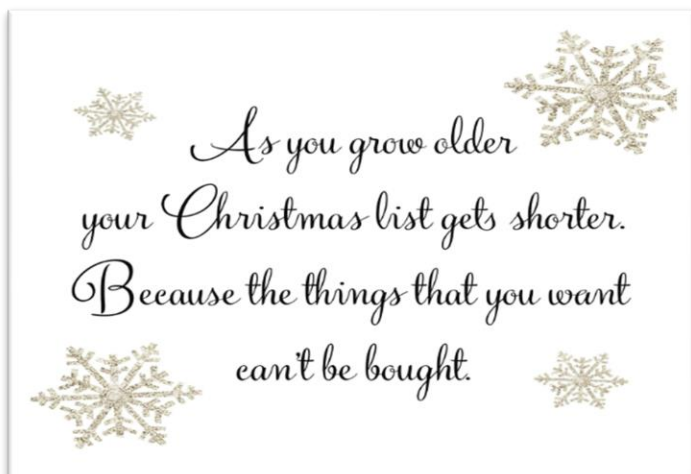
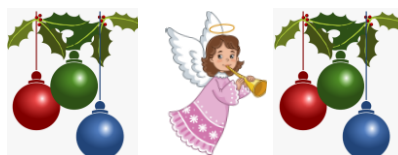
**Fourthly**, our club has been selling fruitcake at the Dorval Crossing Civitan Farmer's Market during the month of November. We've all taken turns running our table and have enjoyed connecting with the community. Thank you to The Civitan Club of Oakville for running the market and allowing us to set up a table. We appreciate your generosity.




**Finally**, we would like to recognize two of our members for receiving awards. Civitan Cathy was awarded the District Honour Key for her work and dedication over the past 7 years as Cake Chair. Civitan Marlyne was also presented with a District Honour Key from last year for her outstanding leadership. Due to Covid-19 the award presentation was delayed. We are so lucky to have these dedicated women in our club.



## **Congratulations!**



# London Middlesex Civitan Club - #2383 President Darrell Blackwell

 eason's greetings fellow Civitans I hope everyone is ready for Christmas because **I am not.**

First thing I would like to mention is that our club raised \$836.50 to help Ukraine and the same amount for our winter masquerade for Community Living London. This was made possible because of the hard work of Susan Heatherly who baked the cookies and thanks to Bill, Dot, Cheryl and Pauline for decorating them with her.



The sunflower cookie money has all been collected and tallied. Today some members of the London Middlesex Civitan club presented a cheque for \$836 to the London Ukrainian Centre for their refugee relief fund!!

**THANK YOU** to all those who ordered cookies!

The club also went to this years Region 5 on mass. We had a ton of fun in Perth and our costumes were great.



We finally had our first in person meeting this month and Civitan Cheryl picked up Tims coffee and tea and Timbits from our winnings from the spring convention.



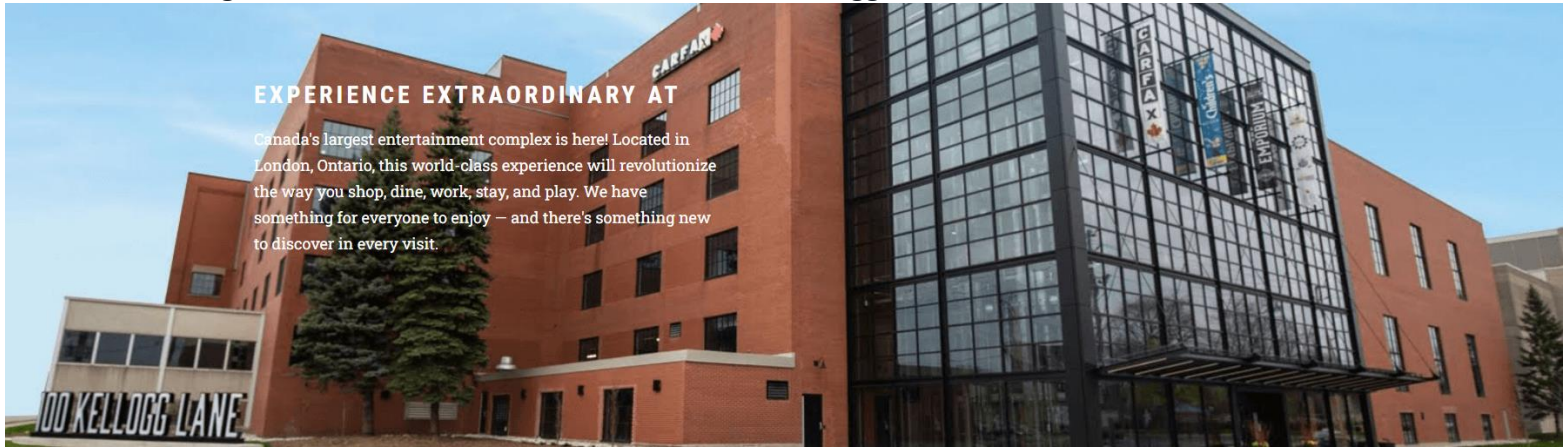
The club has put together 10 Autism kits for our police services and dropped them off. This is a great project]



London-Middlesex Civitan Club has been working this summer to collect the individual parts to make Autism Kits for emergencies. Today President Darrell met with Staff Sargent Robert Brown for the London Police Services, Uniformed Division, Community Policing Section to deliver the first Kits. Autism Kits can help our Police when a person with Autism is faced with an uncomfortable and possible frightening situation.

Our masquerade for CLL is coming along great and we now have a castle sitting in my office for the event on February 11 with about 100 guest it will be nice to do something for CLL again.

The club is having our Christmas dinner in December at 100 Kellogg Lane.



*The bells ring for  
all who truly  
believe. May the  
magic of Christmas  
remain in your  
heart and the  
sound of the bells  
in your ears  
all year long.*

London Civitan Club wishes you a  
Merry Christmas & Happy New Year.



# Midland Civitan Club - #1959 Norma Johnston

The Midland Civitan Club Inaugural and Awards Night, was held Oct 1, 2022 at the Midland Curling Club after an absence of over two years. President Norma and New Board Installed by Governor-Elect Pat McKinney. Governor-elect Pat installed one new member, Maryse Desroches and Civitan Mike Tinney was presented with 50-year Service Award by both the Club and Civitan International. Honour Keys presented to Civitans Carol Fredericks, Bill Nicely and Norma Johnston. A very pleasant evening enjoying a great meal and fellowship galore



Honour Key Presentation



Carol Frederick  
Midland Civitan of the Year



Mike Tinney  
50 Years Service

In October the club again sponsored the CLH Pumpkin Contest and sent funds to 7 local Legions to help with Remembrance Day Activities for our Vets.



Long time Midland Civitan member Vern Fahrenholz took part in the Remembrance ceremonies held at Penetanguishene cenotaph.

On Nov 12, 2022 Midland Civitan Club did hands on and sponsored two SOO Teams at the first ever CLH Bonspiel. We sold 50/50 tickets, helped with the Silent Auction and drawmaster Civitan Carroll Wilson kept all the on-ice activities in order. The Club helped raise over 12,000.00 for Community Living Huronia.

SOO curling is well under way, Our Special Olympics Curling teams go to Divisional on Sat, Dec 3 in Gravenhurst. Cake sales are going extremely well, and, a big Thank You to Civitan Marlyne for once again coming to our rescue with extra cake.

All hands were on deck for Midland Santa Parade on Nov. 26. Once again, the Midland Civitan Santa Parade went well with 55 entries. Prizes were awarded to the winners on Nov 29, 2022 at the Midland Curling Club. Our Breakfast at Mom's for all Members and those volunteers working on the Parade is at Mom's Restaurant on Sun Dec. 4 at 8.30 am. A big thank you to Civitans Mike, Barrett, Kirsten, Steve, Tracy and all the other "elves" that worked so hard to get our floats ready and Carol Frederick who worked very hard with costumes to make this a success. Civitan John Veals for arranging the Media and judges. A special Thanks to Civitan Marlyne for coming to be a judge and no parade would be complete without pictures. PIP Bill, well done. To all the Members and Friends that made this day possible. **THANK YOU.**



THE CROWD



THE PRESS



THE JUDGES (NORMA & MARLYNE)

We will be having a Social Night on February 4, 2023 at the Midland Curling Club involving Curling, Cards, Games or just Fellowship and all are welcome.

The club recently approved a \$500.00 donation to each of 7 local charities, Salvation Army, St. Vincent de Paul, etc for Christmas baskets for the needs. A donation of \$1000.00 was also made to Sistema which is a free after-school music program.



A very  
**Merry Christmas**  
 to all from the Snow Belt  
 and Happy Mask Free 2023.



# Reasons to consider Becoming an Organ Donor

1. **The need is tremendous every day** there are thousand of people on a waiting list for an organ.
2. **People are dying while waiting for an organ.**
3. **One donor can save many lives.**

A single organ donor can save up to eight lives. Tissue donors can help heal up to 75 people. People who donate their corneas can restore sight to two people. People are eligible to donate across the age spectrum.

4. **More diverse donors are needed.**

More donors from all backgrounds are needed. But it is especially important for more people from diverse backgrounds to sign up to be organ donors.

5. **Organ donation can be a rewarding and positive experience.** It can help a family work through the grieving process and deal with their loss by knowing their loved one is helping save the lives of others.

6. **Very few medical conditions disqualify you from donating your organs.** It may be determined that certain organs are not suitable for transplantation, but other tissues and organs may be fine. Simply put, a disease in one organ does not preclude other organs from being donated.

7. **Most religions support organ donation.** This includes Catholics, Protestants, Islam and most branches of Judaism who see it as the final act of love and generosity toward others.



Q: I want to save lives, but how do I register to donate?

A: Any Ontarian aged 16 or older with a valid OHIP card can register online at [BeADonor.ca](http://BeADonor.ca)

Ontario Health  
Trillium Gift of Life Network



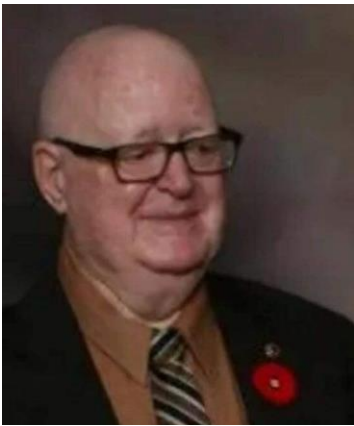


# Obituaries

## Two Past Governors from the East pass away a week apart:

**David Splane who was Governor 1991-92 passed away October 2<sup>nd</sup> and Joan Bennett who was Governor 1992-93 passed away October 9.**

### **Splane, David – May 24, 1938 - October 2, 2022**



In his 85th year, passed suddenly at home with his wife Mary and daughters Deborah and Kimberley by his side.

He was married almost 63 years to Mary (South).

Loving father of Deborah (late Gordon) Fyfe, Kimberley (Robert Tracy) and Christopher (Carole) Splane. He will be greatly missed by his grandchildren Andrew (Stephanie) Fyfe, Candice (Steven) Rightmyer, Michael (Michelle) Fyfe, Amber (Henry) Kelsey, Shai-Anne, Michael, Rebecca, Joshua, Victoria and Samantha Splane; and his great-grandchildren Kohl, Abraham, Seth, Montana, Jackie, Freddy, Logan, Jack, Violet, Owen and Geneva.

Survived by sisters Irene (late Jack) Richardson, Louise (late Bob) Burke; brother Orrin (late Yvonne) Splane and brother-in-law Bill White. Predeceased by parents Harold and Thelma Splane; in-laws William and Gertrude South; infant daughter Rhonda Leigh Splane; sisters-in-law Jean (late Jerry) Vandusen, Muriel (late Bill) Barill, Anna White, Isabelle (late Cedric Vandusen) (late Earl) Carey and brother-in-law Frank (late Eva) South. David will be missed by numerous nieces, nephews, friends and neighbours.

David was a long-time resident of Smiths Falls. He has the distinction of being past President of the Smiths Falls Civitan Club along with District Governor.

David spent his career working in the banking industry and for the federal government, retired and then worked as a Commissionaire for many years. In his leisure time he volunteered for many organizations. He could be found manning the penalty box for the Smiths Falls Bears or working the Tuesday night bingo for the Smiths Falls Civitan Club. He peeled many potatoes for the Civitan Club as well, always available to help in the kitchen for their many banquets. David helped with Settlers Days, the planning of the building of Lombardy Hall, helped Percy Joynt with Rideau Horse Shows. He was the treasurer for Maple Vale cemetery. When he wasn't helping others, he was reading another novel and spending time with his family. His grandchildren and great-grandchildren adored him and his sense of humour and he loved them immensely.

Friends and family were invited to a Celebration of Life on Sunday, October 16, 2022 from 2 to 4 p.m. at the Smiths Falls Civitan Club.



# Bennett, Joan Olive – 1945 - October 9, 2022



## **Carleton Place Citizen of the Year 2015**

Peacefully at Lanark Lodge on October 9, 2022 at the age of 77. She is predeceased by her loving husband Robert “Bob” Bennett. Joan is survived by her beloved children Joanne (Ken Johnson), Jennifer (Chi Binh La) and Rob Barber (Christina). She will be remembered fondly by her siblings; David (Lorna), Dawn (Willy), John (Linda) and Ian as well as many nieces and nephews. She is a proud Nana of Joshua, Sydney, Connor, Thomas, Addison, Alexis, Jasmine, Kingston and Haven.

Joan loved her family, her community in Carleton Place, nursing, watching hockey, good hugs and a quiet chat at the kitchen table during a big family gathering. She had a fantastic sense of humour and gave back to her community as much as anyone ever could. She was an indomitable spirit who will be missed immensely.

When we lose someone  
we love  
We must learn not to  
live without them  
but to live with the love  
they left behind



There is nothing in this world that can compensate the loss of loved ones but their memories are something that will always soothe us.

Wishing you a Christmas full of smiles and memories from the past of the dear one you just lost.

May the celebrations of Christmas infuse the deepest and darkest corners of your heart with the memories of good times you had spent with your dear one.

Hopefully, you can have a Happy Christmas this year and the love of those closest to you ease the pain.

## Governor-Elect Message – Pat McKinney

2021-22



Was a very hard year for all Civitans outside of the U.S.A.  
Let's leave the negativity that Civitan International has caused non-U.S. citizen behind us and begin building Civitan in Canada. Let's get back to the three main focuses that the organization was built on.

### SERVICE, KNOWLEDGE & FELLOWSHIP

Let us always meet each other with smile.  
Let us work together for a better world.  
Let us start making our dreams for Civitan come true.  
Let us make this New Year the best year ever.  
May this Christmas end the present year on a cheerful note and make way for a fresh and bright New Year.

MERRY CHRISTMAS  
&  
HAPPY NEW YEAR



Let the bells ring out for:

SERVICE, KNOWLEDGE & FELLOWSHIP

Trust  
THE  
magic of  
NEW  
beginnings



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